

Jain Samaj Manchester Presents...



"Enrich your life through the Practice of Non-Violence"

A four day course of Training in Non-Violence will be conducted under the guidance of Pujya Samanijis.

Dates: 24th till 27th March 2010

Timings: Wed-Fri 8-10pm/ Sat 10am-12noon and 8pm-10pm

Venue: Jain Community Centre, 669 STOCKPORT ROAD, LONGSIGHT, MANCHESTER

Fees: £5 per person for 15-25 years
£10 per person for over 25s

M12 4QE

DAY	DATES	TIME	TOPIC
Wednesday	24 th March	8-10pm	Meaning of Non-Violence & Roots of Violence
Thursday	25 th March	8-10pm	Relationship between Peace and Non-Violence
Friday	26 th March	8-10pm	Economics of Non-Violence
Saturday	27 th March	10-12	Essential Ingredients of Non-Violence
Saturday	27 th March	8-10pm	Non-Violence and the Vision of a Sustainable World. Vegetarianism and Veganism

Note: Please find the attached form and register your name by 7th March 2010

For more information contact:
Mrs Sarojben Patel on 0161 4913552

TRAINING IN NON-VIOLENCE

As Violence cannot take an aggravated form without intensive training, in the same way – it is also true that without training, one's consciousness of non-violence can neither be awakened nor developed. Life today, is full of problems. Non-violence is a solution for all problems. What we need is its systematic training. Training in non-violence is essential for all. As it is necessary for the poor, that the tension generated by lack of basic needs may not drive them to violence - it is equally essential for the rich because the tension created by indulgence and luxury is liable to lead to violence. Hunger, poverty, want of basic needs of life, unemployment etc., are causes of violence generated by external circumstances whereas *Avesh* (a fit of a strong emotion) is the inner cause of violence. His Holiness *Acharya Mahapragya*, a human representation of peace and non-violence says that training in non-violence should be carried out firstly at the individual level, then at the family level and finally at the level of social and institutional consciousness. With this formula, all sections of society can live a life of peaceful co-existence. With the objective of awakening the consciousness of non-violence through training, he along with hundreds of monks and nuns engaged in *Ahimsa Yatra* (a march for peace) for eight years throughout India. During this time he gave a concrete shape to his plan of training in non-violence. He developed a globally acceptable course, which is being followed in hundreds of non-violence training centres across India.

Registration Form for Course

Enrich Your Life Through the Practice of Non-Violence

Forename: _____ Surname: _____

Date of birth: _____ Age: _____

Address: _____

_____ Post code: _____

Telephone (Home/Work): _____

Mobile: _____ E-mail: _____

I enclose a cheque of £ _____ payable to "Jain Samaj Manchester":

Signature: _____ Date: _____

This course will guide participants towards a peaceful life and positive approach in dealing with day-to-day issues. Certificates will be awarded to all participants of this course.